

Pregnancy and Childbirth Guide

To Hospital Charges

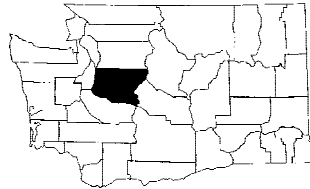


North
Puget Sound
Region



For Clallam, Jefferson, Kitsap,
Pierce, San Juan, Skagit,
Snohomish, and Whatcom
Counties

King
County
Hospitals



Southwest
Washington
Region



For Clark, Cowlitz, Grays
Harbor, Klickitat, Lewis, Mason,
Pacific, Skamania, Thurston and
Wahkiakum Counties

Central
Washington
Region



For Benton, Chelan, Douglas,
Franklin, Grant, Kittitas,
Okanogan, and Yakima
Counties

Eastern
Washington
Region



For Adams, Asotin, Columbia,
Ferry, Garfield, Lincoln,
Pend Oreille, Spokane,
Stevens, Walla Walla, and
Whitman Counties



Washington State Department

Health

Hospital & Patient Data Systems

www.doh.wa.gov/publicat/publications.htm

North Puget Sound Hospitals

1996 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a *delivery* category to a number in a *newborn* category.

North Puget Sound Residents Treated In North Puget Sound Hospitals:	Delivery					Newborn				
	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	Infant With Other Significant Problems DRG 390
Hospital Name										
Affiliated Health Services	2,750	3,199	4,198	4,952	5,962	708	3,752	4,404	2,126	1,200
Cascade Valley Hospital	2,330	2,961	4,023	5,012	5,671	567	1,101	6,790	2,629	855
Forks Community Hospital	2,150	1,628	---	---	---	315	---	---	1,330	1,993
Good Samaritan Hospital	3,055	3,789	5,154	5,300	6,378	772	3,131	12,019	3,064	1,187
Harrison Memorial Hospital	2,193	2,632	3,336	4,512	5,343	539	1,982	5,290	1,987	1,062
Island Hospital	2,362	2,740	4,263	6,659	7,677	713	1,152	1,960	2,393	932
Jefferson General Hospital	2,793	3,257	4,805	6,082	6,853	620	888	---	1,076	682
Mary Bridge Childrens Health Center*	---	---	---	---	---	723	---	---	3,123	2,229
Olympic Memorial Hospital	2,116	2,560	3,617	4,643	5,185	739	1,494	5,863	2,158	1,201
Providence General Medical Center	3,161	3,881	4,419	5,615	6,761	665	3,294	15,137	4,020	973
Saint Clare Hospital	2,480	3,101	5,516	4,873	5,773	766	1,475	2,979	1,997	1,142
Saint Joseph Hospital	2,766	3,689	5,693	7,059	8,278	786	4,891	13,932	4,296	1,286
Saint Joseph Medical Center	2,421	3,094	5,337	5,910	6,807	805	5,442	13,995	3,106	1,166
Stevens Healthcare	2,394	2,539	3,239	4,440	5,172	521	4,592	13,053	3,924	896
Tacoma General Hospital*	2,247	2,956	3,607	3,945	5,351	571	10,399	33,999	4,973	952
Valley General Hospital	2,473	4,120	3,668	6,048	7,274	876	1,910	2,338	3,015	1,819
Whidbey General Hospital	1,992	2,393	3,903	4,899	7,785	616	834	1,948	1,430	1,047
Region Averages	2,597	3,237	4,060	5,111	6,491	678	4,813	19,742	3,408	1,081
North Puget Sound Residents Treated In Other Regions:										
King County Region	2,470	3,148	3,880	4,499	5,861	635	3,953	18,282	4,320	1,039
Southwest Washington Region	2,890	2,837	5,965	6,053	6,761	637	1,357	---	848	556
Central Washington Region	2,574	3,134	2,509	---	6,110	760	---	---	---	---
Eastern Washington Region	1,975	2,857	---	---	---	532	---	---	---	675
Averages for North Puget Sound										
Residents	2,579	3,223	4,041	5,008	6,392	672	4,661	19,431	3,527	1,074
State Averages	2,521	3,175	4,116	4,926	6,182	678	4,298	19,320	3,670	1,084

Note: Values in italic type are based on less than 25 discharges.

**These hospitals may have higher charges as they are set up to treat very sick and premature babies.*

King County Hospitals

1996 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a *delivery* category to a number in a *newborn* category.

King County Residents Treated In King County Hospitals:	Delivery					Newborn				
	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	Infant With Other Significant Problems DRG 390
Auburn Regional Medical Center	2,739	3,075	4,791	4,328	5,933	739	1,374	4,870	2,251	1,075
Childrens Hospital & Medical Center*	---	---	---	---	---	1,150	---	34,570	6,145	3,261
Community Memorial Hospital	2,454	3,158	4,050	5,501	4,935	621	1,604	3,559	1,080	637
Evergreen Hospital Medical Center	2,451	2,996	3,705	4,116	4,895	538	4,736	13,573	3,601	829
Highline Community Hospital	2,261	3,109	4,162	4,830	5,649	550	1,689	2,943	2,022	861
Northwest Hospital	2,294	2,977	3,452	4,153	4,625	543	3,278	12,386	2,649	851
Overlake Hospital Medical Center	2,424	2,904	3,297	3,827	4,846	707	5,301	14,769	3,958	1,087
Providence Seattle Medical Center	2,629	3,285	3,471	4,704	5,348	755	2,861	4,721	2,423	1,143
Saint Francis Community Hospital	2,476	3,158	6,381	5,606	6,562	769	1,675	---	2,102	1,257
Snoqualmie Valley Hospital	3,653	4,068	6,386	6,723	6,220	550	696	---	1,622	412
Swedish Medical Center*	2,653	3,160	3,521	4,857	5,618	740	4,873	28,197	3,412	1,089
University of Wash. Medical Center*	2,589	3,479	4,035	5,518	7,431	707	3,098	18,461	4,799	1,126
Valley Medical Center	2,202	2,772	3,529	4,158	5,109	499	4,778	10,358	3,483	1,084
Virginia Mason Hospital	2,461	2,630	3,660	4,858	5,381	686	3,581	6,590	3,557	832
Region Averages	2,462	3,096	3,757	4,481	5,710	653	3,997	17,016	3,585	1,064
King County Residents Treated In Other Regions:										
North Puget Sound Region	2,533	3,010	4,177	4,641	6,416	696	8,182	31,019	5,043	1,036
Southwest Washington Region	2,828	1,723	---	6,231	---	522	---	---	6,690	---
Central Washington Region	2,274	---	4,370	---	---	820	---	---	---	---
Eastern Washington Region	2,281	---	---	---	---	---	2,042	---	---	---
Averages for King County Residents	2,464	3,091	3,775	4,487	5,746	655	4,244	17,994	3,668	1,063
State Averages	2,521	3,175	4,116	4,926	6,182	678	4,298	19,320	3,670	1,084

Note: Values in italic type are based on less than 25 discharges.

Group Health Hospitals do not report charges to the Department of Health.

*These hospitals may have higher charges as they are set up to treat very sick and premature babies.

Southwest Washington Hospitals

1996 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a *delivery* category to a number in a *newborn* category.

Southwest Washington Residents Treated In Southwest Washington Hospitals:	Delivery					Newborn				
	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	Infant With Other Significant Problems DRG 390
Hospital Name										
Columbia Capital Medical Center	2,830	3,429	3,933	5,595	6,596	637	<i>1,158</i>	<i>3,578</i>	2,351	801
Grays Harbor Community Hospital	3,160	3,973	6,466	7,587	<i>10,121</i>	830	<i>1,314</i>	<i>9,628</i>	<i>3,654</i>	<i>1,552</i>
Klickitat Valley Hospital	2,596	<i>3,365</i>	<i>7,173</i>	<i>7,906</i>	<i>10,757</i>	625	<i>884</i>	<i>— — —</i>	<i>1,306</i>	<i>1,309</i>
Mason General Hospital	2,541	2,784	<i>4,041</i>	4,976	<i>5,655</i>	536	<i>528</i>	<i>— — —</i>	1,150	705
Morton General Hospital	2,780	<i>4,095</i>	<i>6,088</i>	<i>7,890</i>	<i>8,009</i>	905	<i>— — —</i>	<i>— — —</i>	<i>953</i>	<i>925</i>
Providence Centralia Hospital	2,617	3,269	<i>6,992</i>	5,823	<i>7,673</i>	719	<i>3,080</i>	<i>7,198</i>	<i>3,953</i>	1,371
Providence Saint Peter Hospital	3,049	3,468	<i>4,854</i>	5,456	6,333	617	4,125	<i>10,400</i>	3,616	1,043
Saint Johns Medical Center	2,654	3,271	4,101	4,419	4,954	533	3,349	<i>7,332</i>	3,753	1,286
Skyline Hospital	2,917	<i>3,749</i>	<i>6,148</i>	<i>7,386</i>	<i>10,176</i>	608	<i>742</i>	<i>— — —</i>	<i>1,159</i>	<i>1,364</i>
Southwest Washington Medical Center	2,484	3,283	4,188	5,042	5,931	705	3,868	7,069	3,215	1,559
Willapa Harbor Hospital	2,465	<i>4,242</i>	<i>— — —</i>	<i>7,114</i>	<i>8,932</i>	880	<i>2,369</i>	<i>— — —</i>	<i>2,829</i>	<i>1,765</i>
Region Averages	2,727	3,398	4,401	5,430	6,506	664	3,585	8,266	3,182	1,160
Southwest Washington Residents Treated In Other Regions:										
North Puget Sound Region	2,431	3,446	3,869	4,835	6,593	656	<i>14,814</i>	34,123	6,883	1,095
King County Region	2,926	<i>3,674</i>	<i>4,321</i>	<i>5,696</i>	<i>7,302</i>	792	<i>7,395</i>	<i>36,063</i>	<i>8,478</i>	<i>1,366</i>
Central Washington Region	<i>2,067</i>	<i>— — —</i>	<i>4,241</i>	<i>5,296</i>	<i>— — —</i>	<i>746</i>	<i>12,418</i>	<i>— — —</i>	<i>2,860</i>	<i>1,449</i>
Eastern Washington Region	<i>2,411</i>	<i>— — —</i>	<i>— — —</i>	<i>— — —</i>	<i>— — —</i>	<i>787</i>	<i>— — —</i>	<i>— — —</i>	<i>734</i>	<i>— — —</i>
Averages for Southwest Washington Residents	2,719	3,402	4,388	5,406	6,535	664	4,836	18,839	3,490	1,161
State Averages	2,521	3,175	4,116	4,926	6,182	678	4,298	19,320	3,670	1,084

Note: Values in italic type are based on less than 25 discharges.

**These hospitals may have higher charges as they are set up to treat very sick and premature babies.*

Central Washington Hospitals

1996 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a *delivery* category to a number in a *newborn* category.

Central Washington Residents Treated In Central Washington Hospitals: Hospital Name	Delivery					Newborn				
	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	Infant With Other Significant Problems DRG 390
Central Washington Hospital	2,587	3,051	3,776	4,424	5,537	733	2,982	13,028	3,423	1,335
Columbia Basin Hospital	1,629	---	---	---	---	547	---	---	---	---
Coulee Community Hospital	1,762	1,982	---	6,716	6,398	466	---	---	380	347
Kadlec Medical Center*	2,546	3,314	4,182	4,845	5,853	737	4,260	20,200	6,181	956
Kennewick General Hospital	2,578	3,183	5,066	5,163	5,836	796	1,641	5,657	2,783	1,138
Kittitas Valley Hospital	2,339	3,329	4,424	5,091	7,026	700	1,608	2,730	1,603	975
Lake Chelan Community Hospital	2,898	3,907	5,399	7,698	8,330	663	1,859	---	1,384	899
Mid-Valley Hospital	2,488	3,200	3,767	5,173	6,740	558	1,241	---	1,677	1,315
North Valley Hospital	2,449	4,044	4,873	5,956	8,219	524	254	---	1,545	931
Okanogan-Douglas Hospital	1,912	2,726	3,352	4,861	7,955	512	448	---	1,083	941
Our Lady of Lourdes Hospital	2,220	2,991	4,930	6,366	7,531	691	1,355	4,826	2,011	1,151
Prosser Memorial Hospital	1,838	2,817	4,133	5,400	5,636	637	1,045	---	1,474	836
Providence Toppenish Hospital	1,723	2,095	2,938	4,136	4,574	677	1,726	2,590	2,156	971
Providence Yakima Medical Center	2,379	2,770	4,504	5,237	6,641	652	902	965	819	823
Quincy Valley Hospital	2,462	---	6,621	6,000	7,629	647	---	---	613	741
Samaritan Hospital	2,123	2,562	4,115	4,936	5,637	838	1,964	3,846	2,402	1,105
Sunnyside Community Hospital	2,064	2,463	4,096	4,753	5,515	659	902	---	2,466	1,100
Yakima Valley Memorial Hospital*	2,578	3,211	4,325	4,967	6,216	779	4,971	15,457	3,425	1,245
Region Averages	2,400	2,912	4,276	4,960	5,907	729	3,444	14,818	3,097	1,079
Central Washington Residents Treated In Other Regions:										
North Puget Sound Region	3,071	---	---	6,933	---	719	---	---	3,373	---
King County Region	2,664	3,915	---	4,043	9,278	603	2,657	41,493	6,500	1,748
Southwest Washington Region	3,079	---	---	---	---	663	---	---	---	517
Eastern Washington Region	1,943	3,857	3,150	4,723	7,511	606	9,571	36,339	6,842	1,255
Averages for Central Washington Residents	2,395	2,950	4,247	4,949	6,021	725	3,764	19,393	3,311	1,084
State Averages	2,521	3,175	4,116	4,926	6,182	678	4,298	19,320	3,670	1,084

Note: Values in italic type are based on less than 25 discharges.

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Eastern Washington Hospitals

1996 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a *delivery* category to a number in a *newborn* category.

Eastern Washington Residents Treated In Eastern Washington Hospitals:	Delivery					Newborn				
	Normal Delivery With Problems	Normal Delivery With Sterilization or D&C	Cesarean Section With Problems	Normal Delivery With Sterilization or D&C	Cesarean Section With Problems	Normal Newborn	Prematurity Without Major Problems	Prematurity With Major Problems	Full Term Infant With Major Problems	Infant With Other Significant Problems
Hospital Name	DRG 373	DRG 372	DRG 374	DRG 371	DRG 370	DRG 391	DRG 388	DRG 387	DRG 389	DRG 390
Deaconess Medical Center*	2,471	3,221	3,744	5,230	6,852	744	4,722	23,975	5,109	1,103
Deer Park Health Center & Hospital	2,705	3,595	—	—	—	492	—	—	827	—
Ferry County Memorial Hospital	1,893	—	—	5,750	—	878	—	—	—	—
Holy Family Hospital	2,287	3,106	5,309	5,333	6,652	607	1,102	3,105	4,066	1,180
Lincoln Hospital	2,288	2,464	5,555	6,489	13,641	780	—	—	—	634
Mount Carmel Hospital	2,001	4,675	5,116	6,065	8,028	643	762	—	—	911
Newport Community Hospital	2,005	3,068	4,729	5,757	5,450	614	—	—	—	859
Othello Community Hospital	1,785	2,888	3,131	4,602	4,914	575	1,535	—	1,255	774
Pullman Memorial Hospital	2,021	2,651	—	5,572	6,024	408	496	1,146	826	847
Sacred Heart Medical Center*	2,680	3,344	4,017	4,739	6,285	751	3,602	25,930	6,691	1,087
Saint Josephs Hospital of Chewelah	2,537	3,974	5,799	7,705	7,304	762	5,801	—	1,685	794
Saint Mary Medical Center	2,117	2,936	5,204	6,056	7,043	756	4,842	13,893	3,181	1,352
Valley Hospital & Medical Center	2,826	3,531	5,642	6,295	7,464	747	2,315	8,639	5,266	1,411
Walla Walla General Hospital	2,293	3,080	4,280	5,388	5,653	811	3,696	9,442	2,548	966
Whitman Community Hospital	2,227	4,034	—	5,757	8,283	684	991	—	866	934
Region Averages	2,442	3,258	4,100	5,376	6,572	704	3,677	22,765	4,877	1,101
Eastern Washington Residents Treated In Other Regions:										
North Puget Sound Region	2,654	—	—	—	—	464	—	—	—	664
King County Region	2,967	—	—	5,560	12,122	506	—	—	7,549	—
Central Washington Region	2,262	3,419	4,288	4,488	5,763	757	7,435	12,481	3,695	1,021
Averages for Eastern Washington Residents										
Averages for Eastern Washington Residents	2,438	3,261	4,110	5,361	6,548	705	3,734	22,483	4,840	1,099
State Averages	2,521	3,175	4,116	4,926	6,182	678	4,298	19,320	3,670	1,084

Note: Values in italic type are based on less than 25 discharges.

*These hospitals may have higher charges as they are set up to treat very sick and premature babies.

Delivery and Newborn Category Definitions

Delivery

DRG 373 Normal Delivery (No Problems)

Normal delivery of a baby or babies without surgery.

DRG 372 Normal Delivery With Problems

Delivery of a baby or babies without surgery complicated by an illness or condition in the mother or baby.

DRG 374 Normal Delivery With Sterilization or D&C

Delivery of a baby or babies without surgery other than D&C or sterilization (tubal ligation).

DRG 371 Cesarean Section (No Problems)

Normal delivery of a baby or babies through surgery by incisions made in the mother's stomach.

DRG 370 Cesarean Section With Problems

Delivery of a baby or babies by surgery complicated by an illness or condition in the mother or baby.

Newborns

DRG 391 Normal Newborn

Newly delivered baby without significant health problems.

DRG 388 Prematurity Without Major Problems

Baby is born before full term of 37 weeks and/or weighs less than 2,499 grams and requires special care.

DRG 387 Prematurity With Major Problems

Baby is born before full term of 37 weeks and/or weighs less than 2,499 grams, with illnesses or conditions that complicate care and treatment. These can include viral and bacterial infection, herpes, measles complications, malnutrition, heart and lung conditions, hernia, kidney failure, spina bifida, brain anomalies, and fractures.

DRG 389 Full Term Infant With Major Problems

Baby is born full term with illnesses or conditions that complicate care and treatment. These can include infection, anemia, cystic fibrosis, hemorrhage, and seizures.

DRG 390 Infant With Other Significant Problems

Baby up to six weeks old treated for problems not covered under other categories. May include transfers or readmissions to a hospital.

NOTE:

The information in this brochure comes from data provided to the state Department of Health by Washington hospitals. The data are grouped into illness categories, called Diagnosis Related Groups, or DRGs. They combine similar diagnoses and treatments.

The charges listed are **averages** for items and services provided by hospitals, based on the number of patients and total charges for that illness as reported in 1996. **Doctor fees are not included.** Figures include charges for the hospital room, hospital services ordered by a doctor (such as x-rays and laboratory tests), and personal care items (such as hospital gowns). Very high or low charges and very long or short stays are not included in the averages.

Because these figures are averages, they may be different from what you are billed.

Making The Best Choices

Use this brochure to:

- * Compare the charges for childbirth at hospitals in your area,
- * See how charges may change based on the kinds of problems that can happen,
- * Let your doctor and health insurance know you are taking an active role in planning your care.

The charges in this brochure come from reports from Washington hospitals to the Department of Health. Charges are listed for several newborn conditions and delivery methods which may need different types of treatment. Births with

problems are often more expensive than those without problems. For problem births in hospitals where charges are much lower than other hospitals in that category, it is likely that the sickest babies are sent to another hospital that can better treat the problem. If you have two or more babies at the same time, the charges will also be higher.

The charges are averages based on the number of births and total charges in each category as reported for the region in 1996. How long you or your baby are in the hospital, the level of care you both get, problems, extra services, and price increases all affect the hospital charges. These charges do **not** include doctor

fees. Because these charges are averages, they may be different than what you are billed.

For additional brochures:
360-236-4200

Or visit: www.doh.wa.gov/publicat/publications.htm

Complaints about quality of care:

Hospitals: 1-800-633-6828

Professional Licensing:
1-360-586-4561

Health Consumer Help Line:
1-800-525-0127

Pregnancy and Childbirth Tips

Be Prepared

Play an active role in your care and the care of your baby.

- * Know what services your health insurance does and does not cover, and any rules that must be followed.
- * Be prepared for doctor visits with questions and information, such as family medical history for you and the father of the baby.
- * If you are a first time mother, learn all you can about pregnancy, childbirth, and newborn care through books, videos, classes, and talking to other women.
- * Find out what resources and services are available to help you care for your baby after birth.

Ask Questions

You have the right to be involved in your care and treatment. Doctors and hospitals differ in the services they offer and how they care for patients. Have questions ready ahead of time to ask your doctor, health insurance provider, and the hospital. This will help you learn what services are available and decide which doctors will best meet your needs. Here are some questions that may help you decide:

- * What services will my health insurance cover? What rules do I have to follow? What things do I have to do?
- * What do you see as my role and responsibilities in my care?
- * Are there any limits on having my partner/support person with me during my prenatal care? During labor and delivery? During my hospital stay?
- * What are your feelings about natural childbirth? C-sections? Vaginal birth after c-section?

- * If I should develop problems, how will my care be managed? Who will do it?
- * Does the baby go to the nursery or can it stay with me?
- * What are your charges for labor and delivery? What are the expected charges at this hospital or birthing facility? Is financial aid or counseling available?
- * How long will I stay in the hospital after a normal birth? After a c-section? Are there limits on how long I can stay?

Make Healthy Choices

Make choices that will improve your chances of having a healthy baby and fewer delivery problems.

- * Stay at a healthy weight.
- * Don't smoke, drink, or use street drugs.
- * Reduce your caffeine (coffee, colas) intake.
- * Exercise often—take a walk every day.
- * Eat a balanced diet and include extra calcium.
- * Take vitamins and folic acid as advised by your doctor.
- * Wear a seat belt.
- * Talk to your doctor before taking any prescription or over-the-counter drugs.
- * Practice safer sex.
- * Get tested for HIV.
- * Eliminate unsafe conditions at home and at work.

Get The Right Treatment

- * Get regular prenatal care and follow your doctor's advice.
- * Know your health risks and how they may affect your delivery and your baby.
- * Routine tests are available that can help find problems early. Ask about these tests to be sure you know what they are for.
- * Ask to see the results and have them explained to you.
- * Check ahead of time to see if the tests are covered under your health insurance.
- * If the tests show there may be problems, find out what your choices are.
- * If you need help finding a doctor or need information about pregnancy, infant health, and other health care resources, call 1-800-322-2588.

Examine Hospital and Medical Bills

Check all medical bills carefully for mistakes. Check to see if you were overcharged, billed more than once for the same thing, or charged for an item or service you did not get. If you have trouble understanding your bill, ask your doctors or the hospital for an explanation. **The Washington Department of Health does not control hospital rates or billing practices.**

Washington State Department of Health

Office of Hospital & Patient Data Systems
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This brochure was published to increase consumer awareness of health care charges. For additional copies write to the Department of Health at the address above or call 360-236-4200.